



RETURN TO PLAY GUIDELINES - SUMMARY

LEVEL C

Football NSW is following and implementing the AIS's 'Framework for Rebooting Sport' with its three levels A, B and C. These levels can be succinctly summarised with the below graphic depicting a traffic light system of 'stop, get ready, go';



LEVEL B – RETURN TO TRAIN

On 21 May, and in line with the NSW Government's updating of the Public Health Order (of 15 May 2020), Football NSW lifted the 'temporary suspension' as it related to training. At this time, it released its Return to Training Guidelines and a series of resources for Associations, Clubs, Teams, Players and Parents to follow and implement. The conditions set out in that document were in line with government directions at the time.

LEVEL C – RETURN TO PLAY

These 'Return to Play Guidelines' are the next level, and provide for the resumption of full competitive matches and other football activities at all ages and for all levels across the various leagues and competitions in New South Wales.

LEVEL B - TRAINING
Football training to be conducted in small groups of no more than 20 people (including coaching personnel)
No football games – training, friendly or competitive – are permitted
No contact (e.g no tackling or challenges) permitted
Minimise sharing of equipment such as footballs, cones, skipping ropes, weights, agility training
Social distancing of 1.5 metres between players
No use of communal facilities (eg gym)

LEVEL C - PLAYING
Full competitive matches permitted within the Laws of the Game
Training/friendly matches allowed
Full football activities conducted at all levels (MiniRoos, 7v7, 9v9 or 11v11) including development programs
Team benches organised to ensure 1.5 metres between coaching staff & substitutes
Match fixturing and pitch allocations to be arranged to maximise spaces between pitches
Social distancing of 1.5 metre between spectators (e.g. parents)
Competitions, Leagues and Tournaments permitted
Changerooms and/or wet areas limited to players and team staff and thorough cleaning between use recommended
Full use of sporting facilities is permitted

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